



Vita - Stand: 29.04.2024

Mette Lysdahl

Actress

e-PROFILE: <https://www.castforward.de/members/profile/mette-lysdahl>



Schott & Kreutzer

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Overview

Nationality	Denmark
Languages	Danish (mother tongue), English (mother tongue), English – American (fluent), English – British (fluent), German (fluent), French (basic), Norwegian (basic), Swedish (basic)
Born	Denmark, Denmark
Age range	27 - 40
Height	168 cm
Ethnic types	Scandinavian, White
Place of residence	Copenhagen (Denmark)
Possible accommodation	Berlin / Köln / Bonn (Germany), London (Great Britain), Jotland (Denmark), Prague (Czech Republic)
Memberships	Danish Actors' Association - Dansk Skuespillerforbund (Denmark)

Skills/Talents

Languages	Danish (mother tongue), English (mother tongue), English – American (fluent), English – British (fluent), German (fluent), French (basic), Norwegian (basic), Swedish (basic)
Dialects	German (Northern) (fluent), Berlin (good), Central European lowlands (good), Finland (East) (good), Finland (South) (good), Finland (West) (good), Greater London (good), Hamburg (basic), Lolland (basic), Norway (Central) (basic), Norway (West) (basic)
Accents	Danish (native accent), Scandinavian (native accent), British (very good), Dutch (very good), English (very good), German (very good), German (Northern) (very good), American (good), Czech (good), East European (good), New York (good), Norwegian (good), Polish (good), Russian (good), Swedish (good)
Dance	Ballroom (very good), Dance competition (very good), Latin American dance (very good), Standard dance (very good), Tango (very good), Waltz (very good), Dance theatre (good), Disco (good), Hip hop (good), Salsa (good), Show dance (good), Argentinian tango (basic), Musical (basic), Rock 'n' roll (basic)
Singing	Choral Singing (good)
Vocal pitch / Dubbing voice	Soprano
Musical instruments	Drums (very good), Harmonica (basic)
Sports	Scuba Diving (very good), Skiing (very good), Stage fighting (good), Swimming (good), Yoga (good), Fencing (basic), Horseback Riding (basic), Jiu-Jitsu (basic)
Driving licences / Other permits	Driver's licence van/truck, Driver's licence car (very good)
Other Skills	First Aid, Improvisation, Journalist, Storytelling

Appearance

Gender	Female	Special physical characteristics	Dimples
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Age range	27 - 40
Height	168 cm
Build	Slender
Colour of eyes	Blue
Colour of hair	Blonde
Hair style	wavy long

Nudity	Yes, completely
Ethnic types	Scandinavian, White

Training and Awards

2014	 Nicole Rutenbeck (deutscher Akzent - fortlaufend)
2010 - 2015	 Klanggewinn von Nathalie Claude (deutscher und englischer Akzent - fortlaufend)
2010	 Ophelia (Meisner-Technik)
2008	 Lambs Dramasociety, Hong Kong
2005	 Melbourne Acting School (Meisner-Technik) Australien

2017	 Oscar - Nominierung mit dem dänischen Spielfilm "Unter dem Sand" in der Kategorie - Bester fremdsprachiger Film, Regie: Martin Zandvliet - Nomination
2016	 Ernennung zum Berlinale NORTHERN LIGHTS Talent - Nomination
2015	 Best Feature Film für "37", Los Angeles Independent Film Festival Awards, Regie: Chris Brügge - Nomination
2013	 Montreux Comedy Festival Gewinner in der Kategorie Best Non Verbal mit "The Stunt Comedy Show" - Nomination
2013	 Nominierung für den Digital Emmy in der Kategorie Best fiction mit "The Spiral" - Nomination
2011	 BAFTA-Gewinner in der Kategorie Best international mit "The Killing" - Nomination
2008	 Nominierung für den Emmy in der Kategorie Beste Drama Serie mit "The Killing" - Nomination
2007	 Nominierung für Danish Critics in der Kategorie Best childrens film mit "The Gold of Valhalla" - Nomination

CV

CV - Television & Streaming

Year	Title / Production Company	Role	Directed by
2023	Those who kill Miso Film Streaming - series	Hannah Ongoing Supporting Actor	Jesper W. Nielsen
2021- 2023	THEN YOU RUN Network/Distributor: Sky		Paul Walker
2020	Border Land Danish Broadcasting Network/Distributor: Danish Broadcasting (DR) Television series	Sofia	Johannes Pico
2019	Tsokos - Zerschunden und Zerbrochen Ninety-Minute Film	Mutter von Fred Abel Supporting Actor	Hansjörg Thun
2019	DNA Nordisk Film Production Network/Distributor: TV2 / ARTE Television series	Stine Supporting Actor	Henrik Genz
2019	Zerschunden BE-films Network/Distributor: Sat1 Television series	Wiebke Abel	Hans -Jörg Thurn
2018	Der fliegende Dinosaurier Bavaria Film Network/Distributor: ARD Television series	Lisa Karlström Star of Episode	Patrick Winczewski
2017- 2018	Familienbande UFA Network/Distributor: ZDF Television series	Jette Andersen Star of Episode	Martin Kinkel
2016- 2017	The Story About Denmark Danish Broadcasting Network/Distributor: Danish Broadcasting (DR) Television series	Margrete, 1. Lars Mikkelsen ist in der Hauptrolle zu sehen. Star of Episode	Mariella Harpelunde

2016	Schuld und Söhne Network Movie Network/Distributor: ZDF Television series	Marlene Sartorius	Anno Saul
2014	The Stunt Comedy Show Eyelight Network/Distributor: Danish Broadcasting (DR) Television series		Kasper Kristensen
2013	Rød Gul Grøn OakMedia Network/Distributor: Danish Broadcasting (DR)	Grøn	Kristian Foldager
2013	Schnitzel und Dolmades Eastart Pictures Television series		Dennis Todorovic
2013	Der böse Mann Network Movie Network/Distributor: ZDF		Anno Saul
2012	Neues Ich Norddeutscher Rundfunk (NDR) Network/Distributor: ARD	Helle	Till Franzen
CV - Film			
Year	Title / Production Company	Role	Directed by
2022- 2024	Boundless Nordisk Film Feature film (cinema)	Wanda Supporting Actor	Ole Christian Madsen
2018- 2019	Suicide Tourist Snowglobe Feature film (cinema)	Kirstine Supporting Actor	Jonas Arnbj
2018- 2019	Deutschstunde Network Movie Feature film (cinema)	Hilde Isenbüttel Supporting Actor	Christian Schwochow
2017- 2018	All I want for Christmas Deluca Film Feature film (cinema)	Vibe Supporting Actor	Christian Dyekjær
2014- 2018	37 FreiFilm Feature film (cinema)	Vivien Lead	Chris Brügge
2016- 2016	Land of Mine Nordisk Film Feature film (cinema)	Lone Supporting Actor	Martin Zandvliet
2014	Klassefesten - begravelsen / The Reunion 2 Nordisk Film Feature film (cinema)	Heidi Supporting Actor	Mikkel Serup
2013	Sheol		Daniel Mühendorph Jensen
2013	Blodbrødr		Stefan Kjær Olsen
2009	Violet Red		Matthew Dyman
2009	Løgner / The Lie		William Von Bülow
2007	Anja and Viktor - Burning love		Niels Nørløv
2007	The Golden Horns Cosmo Film		Martin Schmidt
2001	Guds Børn		Klaus Klok und Karsten Bogø
CV - Theatre			
Year	Title / Production Company/Theatre	Role	Directed by
2010	Tilgivelse Forumteater		Lotte Arnsbjerg
2010	Vangsaa		Thomas Levin / Sarah Boberg
2008	My Children, My Hong Kong		Julian Lamb
2004	Først bli'r man jo født		Annette Højlund
2004	Dødskarusellen		Annette Højlund
2001	Romeo und Julia		Peter Grell



Mette Lysdahl - Foto 1 ©



Mette Lysdahl - Foto 2 © EB



Mette Lysdahl - Foto 3 ©



Mette Lysdahl - Foto 4 ©



Mette Lysdahl - Foto 5 ©



Mette Lysdahl - Foto 6 © Ege Beje



Mette Lysdahl - Foto 7 ©